

Hobsons Bay Running Club

Monthly Handicap Rules – November 2017

Running of the Handicap

1. The Handicap will ordinarily be run on the last Saturday of every calendar month at 8:00am sharp unless otherwise decided by the Committee due to exceptional circumstances.
2. In the event of Christmas Day falling on a Saturday, the Handicap will be run on the preceding Saturday (18th December) at 8:00am.
3. Members are expected to register by 7:45am. Persistent latecomers may be excluded from participation at the Handicapper's discretion.
4. The member finishing in first position in the Handicap will be declared the winner and receive a Kenyan Egg or other prize as determined by the Committee.
5. The Handicapper is responsible for deciding all matters concerning eligibility, finishing times, positions, points towards the Cups and application of these rules.
6. Guests are welcome to participate in the Handicap without charge for the first three Handicaps or other competitive events in any calendar year, after which they are expected to become members for any subsequent events.
7. Members are requested to bring a plate for morning tea, and if they choose not to do so are expected to remain hungry.

Handicaps

8. A runner's Starting Time for the monthly Handicap will be reassessed on a regular basis no less frequently than every third participation by a runner in the Handicap.
9. The Handicapper has discretionary powers to alter Starting Times.
10. The nominal finish time for the handicap will be 40:00. Guests, ineligible members and irregular participants will be handicapped to finish behind the target by up to thirty seconds or more.

Qualifying

11. New members must complete three qualifying runs to obtain a valid Handicap with the third run occurring no more than three months after the second, and no more than seven months after the first.
12. A member who does not participate for twelve consecutive months in their chosen discipline must requalify according to rule 11.

13. The Handicapper may extend the qualification time limits for individuals in exceptional circumstances.

Assisting

14. Members who are sixteen years of age or more must assist in the running of the Handicap at least once per calendar year to be eligible for any Cup competitions.
15. Members assisting at the Handicap are expected to be in attendance by 7:30am.
16. A Member who fails to assist during their allocated Handicap or who arrives too late to be of significant assistance will be ineligible for that and all subsequent Handicaps until they do assist.
17. Members may negotiate with other members to exchange their allocated month for assisting in the running of the Handicap providing they inform the Handicapper of the changes before the date of relevant Handicaps. The Handicapper is not responsible for arranging any substitutes.

Eligibility

18. To be eligible to receive a finishing position in the Handicap a member must:
 - a. Be a paid-up member ("Financial") in Good Standing on the day of the Handicap;
 - b. Be sixteen years of age or older;
 - c. Have a valid Handicap in the chosen discipline (running or walking);
 - d. Wear a club singlet or shirt (a dispensation is available if one has been ordered but has not yet been delivered);
 - e. Complete the full distance (currently 5km);
 - f. Have participated in one of the preceding six handicaps.
19. Members who were Financial in the previous year will be provisionally considered Financial for the January Handicap at the Treasurer's discretion.
20. If a performance in the Handicap is significantly inconsistent with previous performances then the Handicapper may decide that the member shall be considered ineligible for the purposes of that Handicap.
21. If any member who received a position in the Handicap is subsequently found to be ineligible, they will be excluded and all positions adjusted. If they were awarded a Kenyan Egg they will be required to return the Egg and the next eligible participant will be declared the winner.

Greenwich and Ted Joy Cups

22. The Greenwich Cup and Ted Joy Cups will be awarded to the member on the highest total of points scored for the best eight events in their chosen discipline (walking or running) during the calendar year, including any points for assisting at the Handicap.

23. All financial members of the club are eligible for the Greenwich Cup subject to Rule 14 (assisting).
24. To be eligible for the Ted Joy Cup in their chosen discipline, members must
 - a. Be eligible for the Greenwich Cup; and
 - b. Have participated in forty or more Handicaps in that discipline by the end of the year; and
 - c. Have participated in six or more Handicaps in their chosen discipline (one of these participations may be substituted by assisting at the Handicap) in one of the two preceding calendar years; and
 - d. Over twenty years of age by the end of the year.
25. If the winner of the Greenwich Cup is also eligible for the Ted Joy Cup they will be awarded both Cups.
26. In the event of any ties for the Greenwich Cup or the Ted Joy Cup, the Cup will be jointly held by all tied members with the same points and each will have possession of the Cup for an appropriate time (for example, if three people share the Greenwich Cup, each will hold it for four months).
27. Points towards the Cups will be awarded according to Schedule 1.

Personal Bests

28. A member's Personal Best (PB) is the fastest time they have recorded in any running of the Handicap.
29. A member's Age Grade Personal Best (AGPB) is their best time in recent years adjusted for age and other factors at the Handicapper's discretion.
30. AGPBs will be updated prior to the January Handicap of each year.

Miscellaneous

31. Modifications to these Rules may be approved by the Committee, or by the majority of those present at any properly convened General meeting of the Club.
32. For the purposes of these rules, the term "Handicapper" includes Assistant Handicappers and designated replacements.
33. The Handicapper has discretionary powers over the interpretation of these rules and their decision is final.

Schedule 1: Points for Greenwich and Ted Joy Cups

Points are awarded for finishing position (Table 1), plus Bonus points if applicable (Table 2).

Only members who are eligible under Rule 18 and have competed in at least three of the preceding twelve Handicaps (or four of the preceding eighteen) will score bonus points.

Category	Points
Guests, Non-Financial Members	0
Ineligible (First Qualifying Run)	10
Ineligible (Second and Third Qualifying Runs)	5 to 20 (Note 1)
Ineligible (No club shirt)	5 to 20 (Note 1)
Ineligible (not covered above)	10
Assist (first time in calendar year)	20
Assist (second and subsequent)	10
Winner	20
2 nd to 15 th finishers	19, 18, ..., 7, 6
16 th and below	5

Table 1 - Points for finishing position

Note 1: These runners receive the same points as the next eligible finisher, thus an ineligible runner finishing between the second and third placed eligible runner receives 18 points.

Proximity to AGPB	Bonus Points	Proximity to AGPB	Bonus Points
0:00 or faster	12	0:37 to 0:42	5
0:01 to 0:06	11	0:43 to 0:48	4
0:07 to 0:12	10	0:49 to 0:54	3
0:13 to 0:18	9	0:55 to 1:00	2
0:19 to 0:24	8	1:01 to 1:06	1
0:25 to 0:30	7	1:07 or slower	0
0:31 to 0:36	6		

Table 2 - Bonus Points

Gifts

1. Gifts are run at the Committee's discretion. Ordinarily there are at least three during the calendar year: Easter, Spring and Christmas.
2. Unless otherwise determined by the Committee, gifts are run over 1,500m on an athletics track.
3. Guests are welcome to participate in Gifts without charge subject to a maximum of three competitive events (including monthly handicaps) in one calendar year.
4. Only members who have paid their annual membership fees will be allocated finishing positions in the Gift.
5. All participants are handicapped to finish on 9:00.
6. Only members with valid 1,500m handicaps will be allocated finishing positions in the Gift.
7. A member must complete one qualifying run in a Gift to secure a valid handicap.
8. The Handicapper has discretionary powers to determine that a member is ineligible if the allocated Handicap is clearly inappropriate or for any other reasons.
9. For all matters not covered by these rules, the principles in the rules for the Handicap will apply.

Other Events

1. Other events are run at the Committee's discretion without restriction on venue, format or distance. Ordinarily there is at least one other event (Winter Cross Country) during the year.
2. Guests are welcome to participate in all such events without charge subject to a maximum of three competitive events (including monthly handicaps) in one calendar year.
3. The Handicapper will determine starting times based on previous comparable events, Gifts, and the monthly Handicap.
4. The Handicapper will determine the eligibility of members to be allocated a finishing position based on the quality of the information used to set the starting time:
 - a. If based on a sufficiently recent and similar Hobos event the member will ordinarily be eligible to be allocated a finishing position;
 - b. If the event is of a reasonable length and the member has a valid handicap for the monthly Handicap, the member will ordinarily be eligible to be allocated a finishing position.
5. The Handicapper has discretionary powers to determine that a member is ineligible if the allocated Handicap is clearly inappropriate or for any other reasons.
6. For all matters not covered by these rules, the principles in the rules for the Handicap will apply.